



CATCH UP *to* CLEAN AIR South Bend



SmokeFreeStJoe



@SmokeFreeStJoe

\$20 million



The annual cost of **SECONDHAND SMOKE** to South Bend residents. ¹

Air Pollution Concentrations



Public venues in South Bend where smoking is permitted have been shown to have air pollution concentrations **6 times** higher than smoke-free venues in Elkhart and **13 times** higher than outdoor air. ²

According to the U.S. Surgeon General:

- There is **no safe level** of exposure to secondhand smoke. ⁴
- Smoke-free policies are the **only effective way** to eliminate secondhand smoke exposure. ⁵
- Exposure to secondhand smoke **causes premature death and disease** among children and adults who do not smoke. ⁶
- Exposure to secondhand smoke causes **lung cancer, coronary heart disease** and increases the **risk of stroke**. ^{7,8}

Employees in South Bend venues that allow smoking indoors have been shown to be exposed to levels of air pollution **3 times** higher than levels considered safe by the U.S. Environmental Protection agency. ³

Smoke-free policies help smokers as well as non-smokers.

Every year, approximately **3 in 5** of Hoosier adult smokers attempt to quit, and the U.S. Surgeon General has concluded that smoke-free policies help reduce smoking among covered individuals. ^{9,10}

¹Zollinger, T, Saywell, R, and Lewis, C. Estimating the economic impact of secondhand smoke on Indiana in 2010. Bowen Research Center – Indiana University School of Medicine, January 2012.
²Travers, MJ and Vogl L. Elkhart and South Bend, Indiana Air Quality Monitoring Study. Department of Health Behavior, Roswell Park Cancer Institute, October 2010.
³Travers and Vogl, 2010.
⁴U.S. Department of Health and Human Services (HHS). The Health Consequences of Involuntary Exposure to Tobacco Smoke: A Report of the Surgeon General—Executive Summary. U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, Coordinating Center for Health Promotion, National Center for Chronic Disease Prevention and Health Promotion, Office on Smoking and Health, 2006.

⁵HHS. The Health Consequences of Smoking—50 Years of Progress: A Report of the Surgeon General. Atlanta, GA: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Office on Smoking and Health, 2014.
⁶HHS, 2006.
⁷HHS, 2006.
⁸HHS, 2014.
⁹Indiana Behavioral Risk Factor Surveillance System, 2014.
¹⁰HHS, 2014.